

God's Healing Love in the Silence: A Contemplative Meditation Advent Retreat

Where: St. Anthony Retreat Center
Three Rivers, California

When: **December 18-20, 2009**
Friday 6:00 pm - Sunday 1:00 pm

Registration or information
contact: Everardo Pedraza
(559) 230-9736
evpedraza@yahoo.com

Early Bird Special by December 3rd: Shared room, \$230; Private room, \$290
After Thursday, December 3rd, Shared room, \$275; Private room, \$325
Accommodations include retreat, room and board. Space is limited. Register early.
Continuing Education Units (CEU's) available for an additional \$30
Massage Therapy Available

Do you feel called to a deeper life of prayer this season?

Would you like to learn a method of contemplative prayer to cultivate a deeper relationship of intimacy with God? Instructions for beginners will be offered.



Contemplative Prayer is a method of silent prayer from the Christian tradition, which prepares us to receive the gift of contemplation, a prayer of intimacy with God.

“Be still and know that I am God” (Psalm 46:10)

Jesus says, “Come aside and rest a while” (Mark 6:31). Prepare for Christmas by offering yourself the gift of resting in God through a contemplative meditation Advent retreat. There will be time for instruction, morning and evening prayer and deepening contemplative meditation practice in solitude and community. Teachings will focus on the healing dimension of contemplative prayer as we cultivate a more intimate relationship with God.

Everardo Pedraza, M.A., OSB, Cam., Oblate, Co-Coordinator of Contemplative Outreach of Central California, received his M.A. in theology (focusing on Contemplative Christian Spirituality) with honors from the Graduate Theological Union / Franciscan School of Theology in Berkeley, California and has been teaching contemplative prayer for the past eleven years. He is a Benedictine Oblate associated with New Camaldoli Hermitage in Big Sur, California. He specializes in teaching the contemplative dimension of the Gospel and assisting others in cultivating a relationship of intimacy with God through contemplative prayer.

Juan C. Garcia, Ph.D, LMFT, a contemplative therapist, he has been practicing as a Licensed Marriage and Family Therapist for the past 18 years, and has been a Professor of Counselor Education for 23 years at the Kremen School of Education and Human Development at California State University, Fresno. He earned his Ph.D. in anthropology from Stanford University and an M.S. in Clinical Psychology from San Jose State University. His teaching at this retreat will focus on the psychological and spiritual healing dimension of contemplative prayer.

