

DARK NIGHTS

With

Fr. Terry Ryan, CSP

Based upon the book, *The Dark Night of the Soul*, by Gerald May, M.D. who also wrote *Addiction and Grace*, the darkness experienced by many in prayer is really part of our spiritual growth, and not something to fear or worry about. Our seeking/searching in prayer is not so much to know God as to experience the union of Love. To remain on the level of routine and good feelings in prayer often cuts short the seeking and openness to this deeper union. The deeper longing is a process of liberation from self-absorbed desire. During this liberation there will be a time where clarity, on the level of consciousness, is lacking. God is liberating us from spiritual attachments. We cannot liberate ourselves. Only God can do this.

Saturday, November 19, 2011

9:00 AM to Noon

Old St. Mary's Paulist Center
California and Grant Avenue
San Francisco

Coffee and treats begin at 9:00 AM. Workshop is free but donations are gratefully accepted. Sponsored by the Paulist Center 415-288-3845