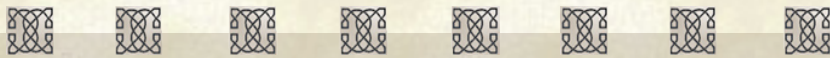


Meeting the Mystics Series



A monthly gathering at the Journey Center.

Throughout the past 2,000 years, men and women have been called to the mystical path of ever-deepening relationship with the Divine and have encouraged followers of Christ to engage more and more fully with Holy Mystery.



Friday, October 15, 7-9 p.m.

Ignatius of Loyola, Soldier-turned-Mystic

Born in the Basque region of northern Spain in 1491, Ignatius was a soldier, penitent, student, and the founder of the Jesuits. Join us to experience his wisdom as we look at his life and explore the Spiritual Exercises, a remarkable discernment process he developed that has helped so many through the centuries in discovering God's presence in their daily lives.

Guest facilitator Cecilia Tonna is a spiritual director in Santa Rosa. She holds an M.A. in Religious Studies and has been teaching and giving retreats for over 30 years.

Cost: \$10 donation.



In this series, we will be inviting speakers to introduce us to these contemplative ancestors of ours. In each session we'll learn about a particular mystic, experience a practice that supported them in their journey, as well as have time for personal reflection and sharing.



www.journeycenter.org